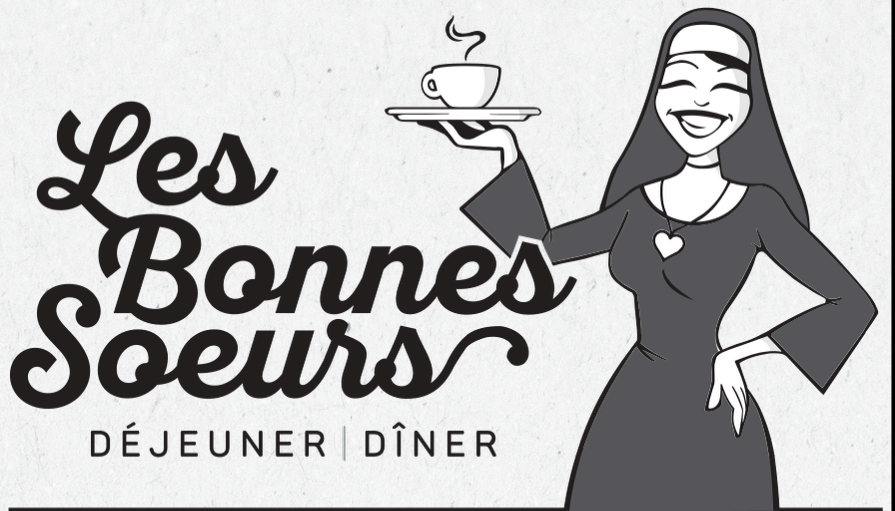




SANDWICHES ETC...

Served with hash browns, fruit and fairtrade coffee

LE GRILLED CHEESE /\$14.65

Cheddar and bacon

LE GRILLED CHEESE BONNES SOEURS /\$17.75

Cheddar, emmental, Gré des Champs cheese, caramelised onions and bacon

LE PÉCHÉ-MIGNON /\$15.75

Bacon, lettuce, tomatoes and homemade mayo on ciabatta bread

LE SANDWICH BONNES SOEURS /17.75\$

2 slices of french toast with apple, cheddar, bacon or ham

LA TARTINE BONNES SOEURS/\$20.95

Toasted bread, avocado purée, green onions, bacon chip, poached egg and smoked salmon

LA TARTINE MÈRE VEILLEUSE/\$18.95

Toasted bread, avocado purée, red onions, lettuce, tomato, poached egg and crumbled goat cheese

LE BURRITO DU PÈRE RUQUE/\$17.75

Flour tortilla filled with scrambled eggs, bacon, ham, sausage and a blend of mixed cheeses

LE BURRITO PÈRE HOQUET/\$17.15

Flour tortilla filled with lettuce, tomatoes, mushrooms, spinach, avocado and red onions

CRÊPE CHIGNON/\$15.75 ... VÉGÉ/\$17.15

Scrambled eggs, pork and beef sausage or vegetarian sausage, cheddar... all wrapped in a crepe

BAGEL « LA PÊCHE MIRACULEUSE » /\$20.95

Smoked salmon, red onions, cream cheese, capers, tomatoes and lettuce

★ ★ ★

Our Stars

★ ★ ★

Served with fairtrade coffee

LE SANDWICH PETIT DÉJEUNER

« SAVATE DES ALPES ITALIENNES » /\$17.75

Ciabatta bread, egg, emmental cheese, ham, bacon, lettuce, tomatoes, homemade mayonnaise, hash browns and fruit

OMELETTE LA CAMPAGNARDE /\$18.85

Spinach, goat cheese, green onions, mushrooms, hash browns, fruit and toast

CASSOLETTE BONNES SOEURS /\$18.85

Hash browns, bacon, ham, sausage, mixed cheese, green onions, hollandaise sauce, egg and toast

LE SAINT-MICHEL /\$19.05

2 eggs, choice of bacon, ham or sausages with creton and beans, chocolate banana crepe, fruit, hash browns and toast

OEUF BÉNÉDICTINE LE SAINT-GRÉGOIRE /\$20.25

Caramelized onions, bacon, green onions, Gré des champs cheese, served on English muffin with hollandaise sauce, hash browns and fruit (on Belgian waffle + \$ 2.25)

CRÊPES SAINT-PIERRE /\$19.75

4 crepes stuffed with apples sautéed in butter, cinnamon, bacon and caramel

LA SOEUR PAYSANNE /\$21.25

Poached egg served on half avocado, tomatoes, baby spinach, balsamic vinaigrette, served with cottage cheese, smoked salmon, toast and a generous portion of fresh fruit.

CASSOLETTES

Served with fairtrade coffee and toast

CASSOLETTE BÉNÉDICTION/\$20.95

Hash browns, smoked salmon, grilled red onions, capers, mixed cheese, hollandaise sauce and egg

CASSOLETTE DU CURÉ MARIO/\$20.95

Hash browns, italian sausages, grilled vegetables, mixed cheeses, hollandaise sauce and egg

CASSOLETTE PÈRE COLATEUR/\$20.95

Hash browns, mushrooms, spinach, goat cheese, green onions, hollandaise sauce and egg

CASSOLETTE SAINTE-ANNE/\$20.95

Hash browns, pork and beef sausages, caramelised onions, mixed cheese, hollandaise sauce and egg

CASSOLETTE DU MARAÎCHER/\$20.95

Hash browns, grilled vegetables, mushrooms, mixed cheese, hollandaise sauce and egg

CASSOLETTE SAINT-LOUIS/\$20.95

Hash browns, ham, brie, pesto, hollandaise sauce and egg

OEUF BÉNÉDICTINE

L'ANGÉLUS/\$17.75

Ham and spinach

LA PASTORALE/\$18.75

Ham, mushrooms and cheddar

LE CURÉ POITRAS/\$19.15

Bacon, green onions, and cheddar

LA CLOCHE À VACHE DES ALPES/\$18.25

Avocado, tomatoes and emmental

L'ARDENTE/\$19.15

Grilled vegetables and goat cheese

LE NOTRE-DAME/\$19.50

Ham, brie and pesto

LE PÈRE DU/\$19.50

Spinach, goat cheese, mushrooms and green onions

LE SAINT-JEAN/\$20.50

Italian sausages, grilled vegetables and mixed cheese

LE PÊCHEUR PÊCHEUR/\$20.95

Smoked salmon, grilled red onions

LE SAN FRANCISCO/\$22.50

Avocado, smoked salmon, cream cheese and grilled red onions

*Any changes will occur additional fees.

STUFFED CREPES

Served with fruit and fairtrade coffee Add hash browns for \$2.95.

CRÊPES DU MARAÎCHER/\$17

Grilled vegetables, mushrooms, spinach and emmental

CRÊPES DU VERGER/\$17.25

Apple and cheddar

CRÊPES DE L'ABBAYE/\$17.25

Pork and beef sausages, caramelized onions and Gré des Champs cheese

CRÊPES BUCHETTE/\$17.50

Ham, mushrooms and goat cheese

CRÊPES DU PÊCHEUR REPENTI/\$18.95

Smoked salmon, grilled red onions, capers and cream cheese

SWEETS & CO.

Servies avec café équitable

Add hash browns for \$2.95.

LE PAIN BÉNI/\$19.50

Panko-crusted French toast served with bananas, homemade orange sauce and english cream

BANANARAMA/\$17.50

Bananas and milk chocolate. Choice of crepes (4) or French toasts (3)

LE 7E CIEL/\$18.25

Fresh strawberries and/or seasonal berries, milk chocolate and english cream. Choice of crepes (4), French toasts (3) or Belgian waffles (3). For Belgian waffles add 1\$

L'ALPINISTE/\$18.25

Generous portion of fruit, vanilla yogurt, muesli and toast

LA PREMIÈRE COMMUNION/\$19.25

Belgian waffles (2) served with caramel, apple and bacon

LE COCORICO/\$20.50

Plate of fresh fruit, 1 egg, 1 choice of cheese: cheddar, emmental, brie, cottage, cream, « Gré des Champs » or Paillot goat cheese and toast 1 choice of: chocolate, english cream, homemade orange sauce or homemade caramel and toast

OMELETTES

Served with hash browns, fruit, toast and fairtrade coffee

Add beans or creton for \$3

LA SŒUR BETTY/\$17.25

Peppers, ham, green onions, cheddar

LA TRINITÉ AU FROMAGE/\$17.25

Mix of cheese, more cheese and even more cheese!

LE FRÈRE INFARCTUS/\$18.50

Because You Only Live Once!

Bacon, ham, sausages and cheddar

L'OMELETTE DE SŒUR JARDINIÈRE/\$18.50

Grilled vegetables, caramelized onions and mixed cheese

AVOCATUS SPIRITUS SANCTUS/\$19.25

Avocado, brie, vegetarian sausages and green onions

EGGS

Served with hash browns, fruit, toast and fairtrade coffee

MEAT OPTIONS

Bacon, pork and beef sausages, ham, creton, Italian sausages, beans or cheddar cheese(vegetarian sausages + \$ 0.75

1 EGG/\$11

1 EGG - 1 MEAT/\$12

2 EGGS/\$12.75

2 EGGS - 1 MEAT/\$13.75

LE FRÈRE JACQUES/\$15.50

2 eggs, 2 meats

LE SPÉCIAL MÈRE SUPÉRIEURE/\$17.75

1 egg, creton, beans and choice of bacon, ham or sausages and choice of crepe, french toast or waffle

LA SŒUR BERTHE/\$17.75

2 eggs, 2 meats, crepe, French toast or waffle

LE FRÈRE TUCK/\$19.50

« The Feast ! »

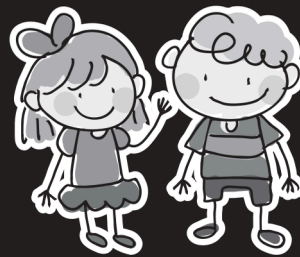
2 eggs, bacon, ham, sausages, creton, and beans

UPGRADE YOUR HASH BROWNS TO A SMALL CASSOLETTE BONNES SOEURS

\$4.95

Kid menu

UP TO 10
YEARS
OLD



\$8.75

Served with your choice of milk, juice, chocolate milk or hot chocolate

1 EGG

with 1 choice of meat, 1 toast, hash browns and fruit

BANANARAMA

Banana and chocolate crepes

HALF GRILLED CHEESE

Cheddar and bacon

MINI COCORICO

1 egg, fresh fruit, 1 toast and cheddar

*Any changes will occur additional fees.